

Transforming **Personal & Team Effectiveness**



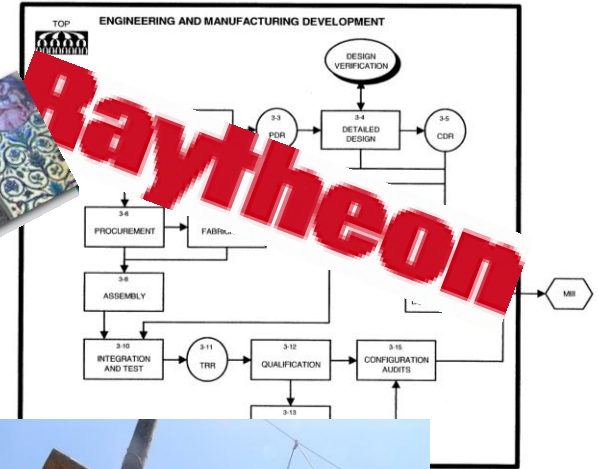
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My Team Effectiveness Journey



PHILIPS

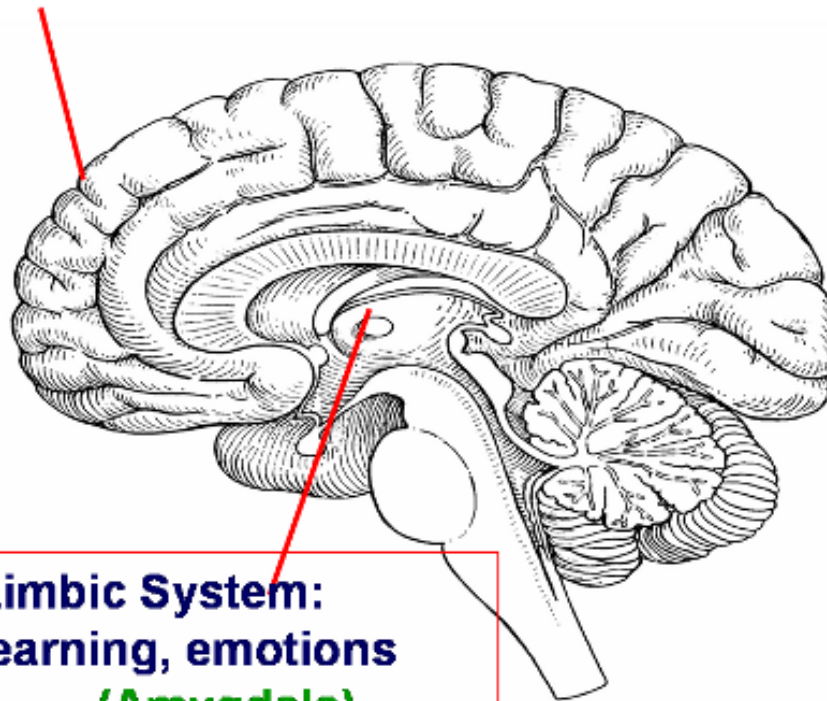
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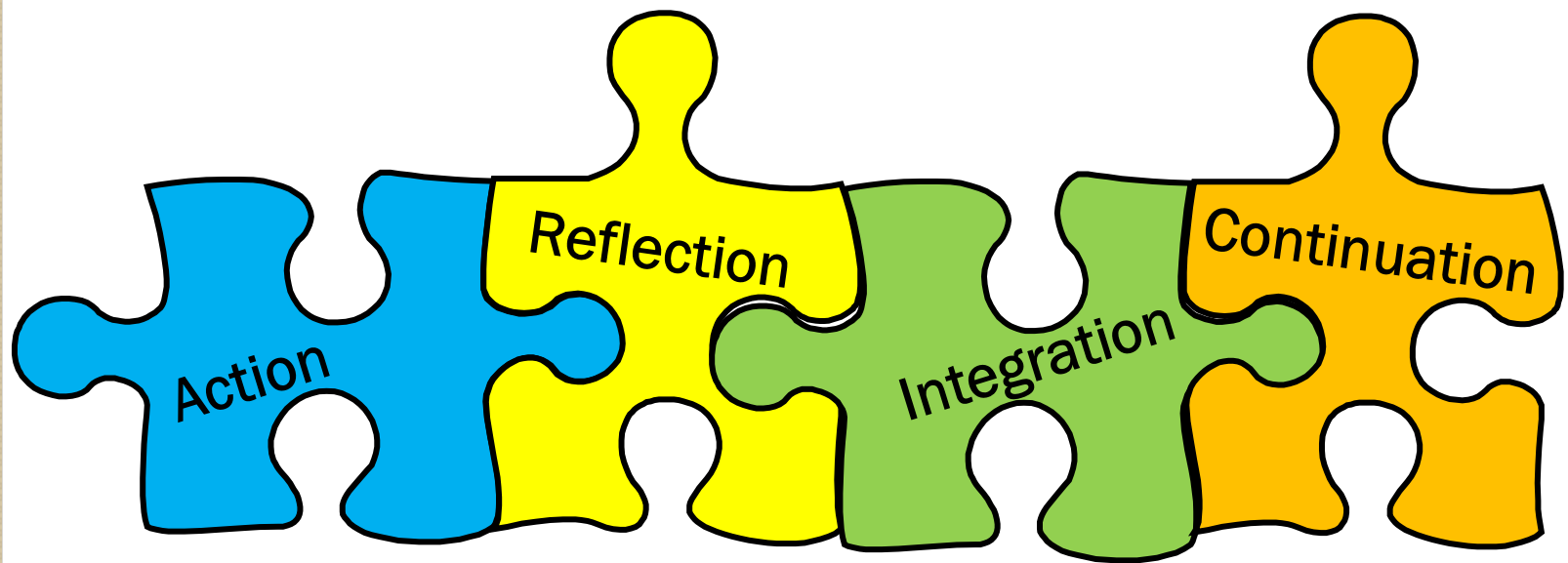
The Neuroscience of Team Effectiveness

Frontal Cortex:
decision-making, self-control

Limbic System:
learning, emotions
(Amygdala)



The Experiential Learning Linkage



Learning Agreements

- Be Interested in Learning
- Engage in Activities & Discussions
- Apply Ideas to Your Environment
- Commit to Doing Something Different

Committing to these agreements will
maximize your return on time investment



SCARF model

The brain's “hot buttons”

Status

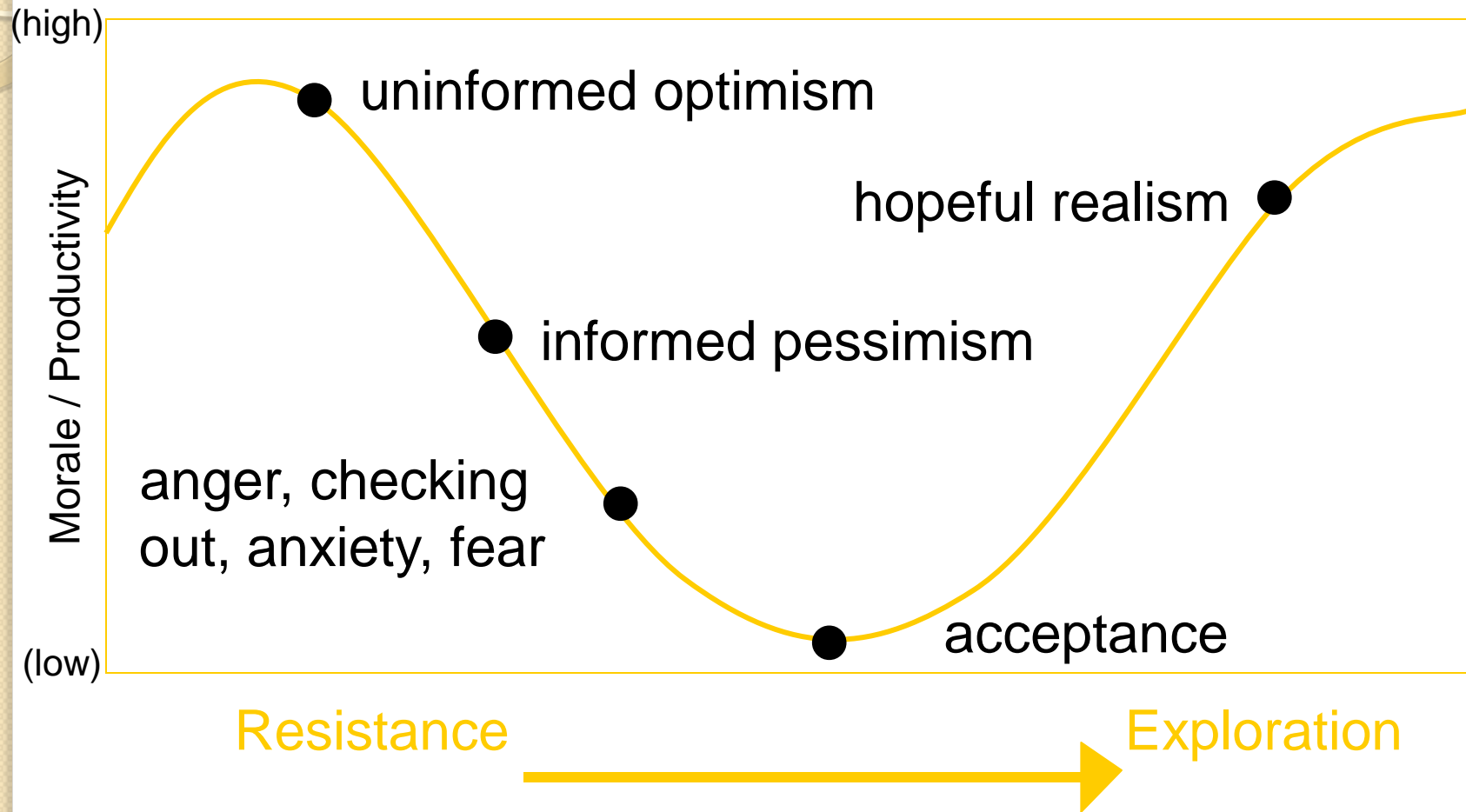
Certainty

Autonomy

Relatedness

Fairness

Change Curve: Emotions





Operating as an Effective Team

Everybody's brain thrives when the team...

1. Achieves Team Goals
2. Utilizes Skills and Abilities
3. Fulfills Roles and Responsibilities
4. Uses Effective Team Processes
5. Maintains a Supportive Environment
6. Acknowledges Achievements
7. Values Open Communication

Taking the Learning Away

With a partner, identify one key takeaway and how you can apply it tomorrow

Share my contact info or a copy of the team effectiveness survey to friend or colleague who's been complaining about their team

Thanks!

From Jeff@EmpoweredAlliances.com